EPISODE 08

SATURN & SOUL

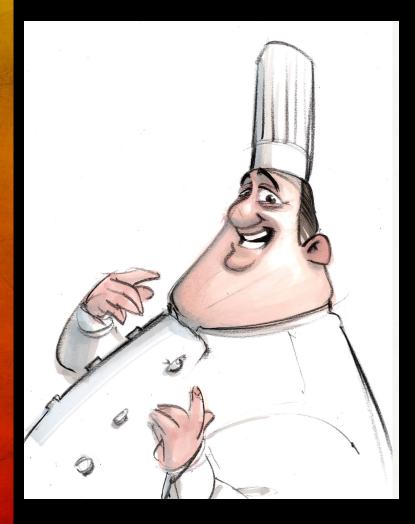
WINTER SOLSTICE 2023

IMAGINE THAT! SHAWN NYGAARD

IMAGINE THAT!

ASTROLOGY & ARCHETYPES A PODCAST

Shawn Nygaard



You must be IMAGINATIVE, STRONG-HEARTED. YOU MUST TRY THINGS THAT MAY NOT WORK, AND YOU MUST NOT LET ANYONE DEFINE YOUR LIMITS BECAUSE OF WHERE YOU COME FROM. YOUR ONLY LIMIT IS YOUR soul.

RATATOUILLE

"Saturn was associated with the destructive life force in nature due to its excessive cold, moderately dry, and constricting qualities."

> Demetra George, Ancient Astrology in Theory and Practice, Volume One

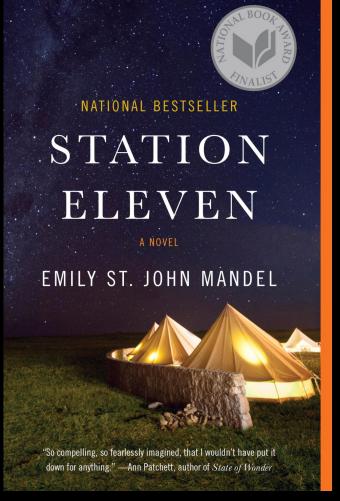
ANCIENT ASTROLOGY

IN THEORY AND PRACTICE

A Manual of Traditional Techniques

VOLUME ONE: ASSESSING PLANETARY CONDITION

DEMETRA GEORGE



All three caravans of the Traveling Symphony are labeled as such, THE TRAVELING SYMPHONY lettered in white on both sides, but the lead caravan carries an additional line of text: Because survival is insufficient.

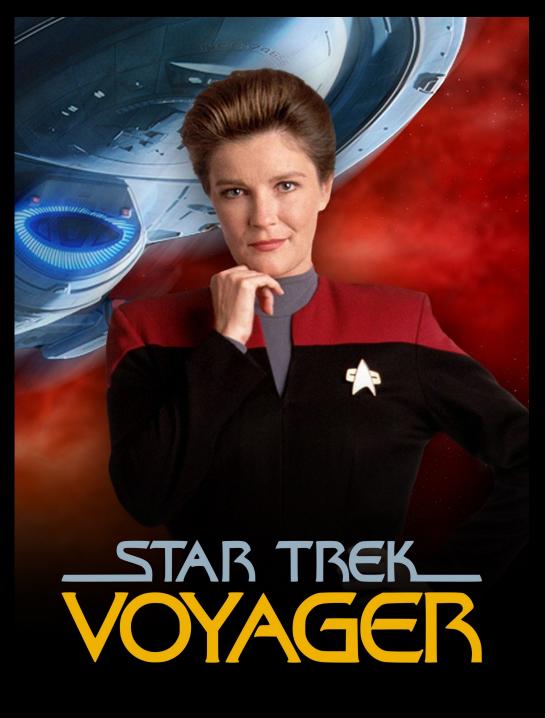
> Emily St. John Mandel Station Eleven: A novel

> > #kindlequotes

January 16, 1995

Saturn 09° Pisces 28'

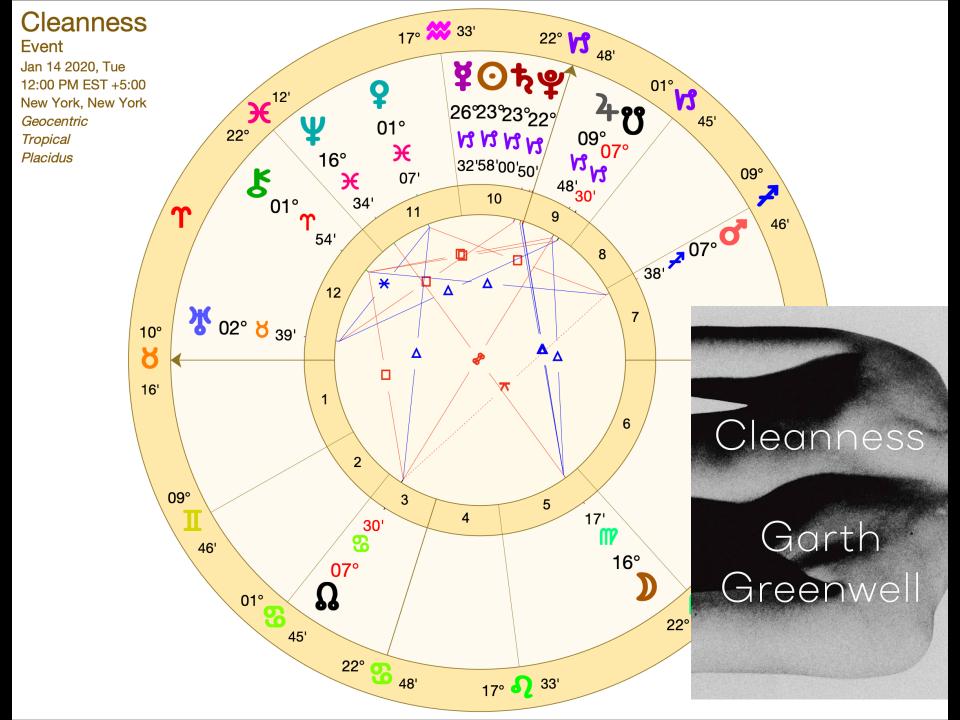
"Star Trek: Voyager" follows the adventures of the Starfleet vessel USS Voyager as it attempts to return home to the Alpha Quadrant after being stranded in the Delta Quadrant on the far side of the Milky Way galaxy, more than 70,000 light-years from Earth.



Traditional Astrology 2000 BCE – 1700 CE

Modern Depth Archetypal Psychological Soul Astrology 1700* CE – present

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Our idea of time as a continuity in an eternal straight line has crippled our consciousness cruelly.

> John Moriarty Dreamtime

> > #kindlequotes

Straight lines—how humiliating they were. How they destroyed the mind. What perfidious geometry, how it makes us into idiots—there and back, a parody of travel. Going forth merely in order to return again. Speeding up just to put on the brakes.

> Olga Tokarczuk Flights

> > #kindlequotes

"This life is a long life, and you have to stay engaged long enough for the blessing to happen."

RuPaul, Saturn in Capricorn

Shawn's SATURN & SOUL Playlist

^	Title	Time	Artist	Album
1	Slow and Steady	5:02	Of Monsters and Men	My Head Is An Animal
2	Much Too Young (To Feel This Damn Old)	2:59	Garth Brooks	The Ultimate Hits
3	Grandpa (Tell Me 'bout the Good Old Days) (#1 in 1986)	4:15	The Judds	All-Time Greatest Hits
4	Golden Age	4:07	Jamestown Revival	Utah
5	Heavy Heart	5:25	Jamestown Revival	Utah
6	Love Is a Burden	3:51	Jamestown Revival	The Education of a Wandering Man
7	Winter's Lament	5:34	Jamestown Revival	San Isabel
8	Old Man Looking Back	4:05	Jamestown Revival	Young Man
9	Saturn Girl	4:15	Paula Cole	Greatest Hits - Postcards from East Oceanside
10	Years (Single)	3:53	Barbara Mandrell	20th Century Masters - The Millennium Collection: The Best of Barbara Mandrell
11	Holding Back the Years	4:30	Simply Red	Picture Book (Expanded Version)
12	Auld Lang Syne	3:22	Dave Francis / Mairi Campbell	Sex and the City - Original Motion Picture Soundtrack
13	The Clock Ticks On	5:15	Blackmore's Night	Shadow of the Moon
14	Tomorrow Will Be Kinder (From "The Hunger Games" Soundtrack)	3:26	The Secret Sisters	The Hunger Games (Songs from District 12 and Beyond)
15	Long Long Time (Remastered)	4:22	Linda Ronstadt	The Best of Linda Ronstadt: The Capitol Years
16	Melancholy Blue	3:39	Trisha Yearwood	Inside Out
17	Slow Life	5:43	Of Monsters and Men	Beneath The Skin (Deluxe)
18	Only the Very Best	3:18	Marina Kaye	Balavoine(s)
19	Darkest Night	3:19	Robbie Williams	The Christmas Present (Deluxe)
20	Stop!	2:56	Erasure	Erasure: Pop Deluxe Box (Audio Version)
21	Out Here On My Own	3:13	Irene Cara	Fame (The Original Soundtrack from the Motion Picture)
22	Colder Than Winter	4:03	Sarah Brightman	A Winter Symphony
23	Frozen World (feat. Amelia Brightman) #	3:20	Gregorian	20/2020
24	Le monde est stone (The world is stone)	3:40	Celine Dion	Dion Chante Plamondon
25	Le Blues Du Businessman	4:29	Celine Dion	Dion Chante Plamondon
26	Hymn to Winter	3:48	Sissel	Northern Lights
27	Wall of Silence	4:31	October Project	October Project
28	On This Winter's Night	4:02	Lady Antebellum	On This Winter's Night
29	Vinter	3:59	Myrkur	Folkesange



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